



# SUMMER FOOD SERVICE PROGRAM NUTRITION EDUCATION DOCUMENTATION



Sponsoring Organization: \_\_\_\_\_ Agreement #: \_\_\_\_\_

Name of Site: \_\_\_\_\_ Name of Activity: \_\_\_\_\_

Number of Children Participating: \_\_\_\_\_ Age Range: \_\_\_\_\_ Date: \_\_\_\_\_

Person Conducting Activity: \_\_\_\_\_ Person's Title: \_\_\_\_\_

Remember that nutrition education ***always*** includes education about food and/or nutrients. It can also include games, discussion groups, taste testing, physical activity, etc. Each activity should be appropriate for the age and development of the children in your audience.

Learning Outcome(s): After this activity, children will be able to:

Describe the activity: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Creditable foods used for activity:**  
(Fluid Milk, Meat/Meat Alternate, Fruit/ Vegetable, Grain/Bread)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What did the children like best? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**NUTRITION EDUCATION INCLUDED:**  
(check all that apply)

- Activity or Game
- Art, Literature or Music
- Celebration
- Contest
- Cooking
- Food Safety
- Hands On
- Health / Fitness
- Internet Activity
- Make Healthier Choices
- MyPlate
- Science / Nature / Gardening
- Take-Home Education Info
- Taste Testing
- Try New Food
- Other: \_\_\_\_\_

**REQUIREMENTS:**

- ✓ Conduct and document one nutrition education activity **PER MEAL SITE**.
- ✓ Conduct an appropriate nutrition education activity with correct information.
- ✓ Conduct an activity during the summer before the program ends.
- ✓ Submit this completed documentation form by fax: (505) 841-4858 **or** by mail to:  
Family Nutrition Bureau  
Attn: Nutritionist  
3401 Pan American Freeway NE  
Albuquerque, NM 87107
- ✓ Submit all nutrition education documentation no later than September 1st.

