

I'm Interested, Who Should I Contact?

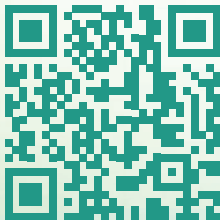
Organizations can contribute to feeding children in the summertime by participating in SFSP as a meal site. If you are seeking free meals for the children in your organization's summer program but choose not to become a sponsor of the Program, then becoming an SFSP meal site may be right for you. You may already be aware of an SFSP sponsor in your community. If so, you may contact the organization directly and work with them to establish a meal site at your organization's location. **If you are not sure of an SFSP sponsor in your community**, please contact the New Mexico Early Childhood Education and Care Department, Summer Food Program at:

**New Mexico Early Childhood Education
and Care Department**
NMceecd.org

Summer Food Program
SummerFoodnm.org

1-800-EAT-COOL
(1-800-328-2665) or 505-231-4703

**Scan to
learn more**



4801 Indian School Rd NE,
Albuquerque, NM 87110

SFSP Contact:
Debbie Candelaria
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Summer Meals for Children

- There is no discrimination during the course of the meal service. Meals are available to all children regardless of race, color, national origin, sex, gender identity, sexual orientation, age, disability, reprisal or retaliation for prior civil rights activity.
- **Free meals** are available to all children eighteen years old and younger who are at the meal site and in the serving line.
- **No application or registration** is required for children to participate.
- Children are required to take all food components they are served. No part of the meal can be taken from the meal site.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, gender identity, sexual orientation, age, disability, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or, (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

Become a Summer Food Service Program Meal Site!



NEW MEXICO
Early Childhood
Education & Care Department
Family Nutrition Bureau

What is the Summer Food Service Program (SFSP)?

The SFSP provides nutritious meals and snacks to children during the summer months. The Federally funded SFSP helps children who live in eligible areas receive the same high quality meals during the summer as they get during the school year.

Many SFSP meal sites provide meals together with educational, enrichment, and recreational activities that help children continue to learn and stay safe when school is not in session.

Ensure Good Nutrition for the Children in your Community

With summer meals, children get the nutrition they need to learn, play, and grow during vacation when they do not eat at school.

Summer meals may also help children return to school ready to learn. Studies have shown that there is a direct correlation between good nutrition and the ability to learn.

“ No child should have to worry about going hungry when the school year ends. The Summer Food Service Program ensures that all children in New Mexico can receive and benefit from healthy and nutritious meals throughout the summer months. ”

- Elizabeth Groginsky
ECECD Cabinet Secretary



Where can SFSP Meal Sites be Located?

SFSP meal sites must be located in areas where poor economic conditions exist.

Eligibility of SFSP sites is established using free and reduced price school meal data for the school located nearest to the site.

Most SFSP meal sites are established at non-profit locations such as Boys & Girls Clubs, Camps, Community Action Agencies, Community Centers and Pools, Food Banks, Head Start Centers, Housing Authorities, Libraries, Parks, Programs at colleges and universities, Recreation Centers, Vacation Bible Schools, YMCAs, Youth Sports Camps, and 21st Century Learning Centers.

Other locations may qualify for participation as SFSP meal sites such as privately owned apartment complexes and mobile home parks, dance institutes, retail establishments and roadside travel centers.

What to Serve?

Summer meals are nutritionally balanced, easy to prepare and meet USDA standards.

The SFSP can provide breakfast, lunch, supper and snack. A meal site can only serve a combination of two of the four meal service types, with the exception of lunch and supper at the same site. Most sponsors serve breakfast and lunch.

What's for Lunch?

A typical lunch includes an entrée consisting of meat or a meat alternate, fruit, a vegetable or second fruit, a grain or bread and a half-pint of milk. SFSP meals may be hot or cold or a combination of the two.

Sample Menus

Breakfast	Lunch or Supper	Snack
<ul style="list-style-type: none"> • Milk • Raisin Toast • Apple Sauce 	<ul style="list-style-type: none"> • Milk • Bean & Cheese Burrito • Celery Sticks • Watermelon 	<ul style="list-style-type: none"> • Muffin • Milk
<ul style="list-style-type: none"> • Milk • Cereal • Banana 	<ul style="list-style-type: none"> • Milk • Grilled Chicken Sandwich • Lettuce • Peaches 	<ul style="list-style-type: none"> • Yogurt • Strawberries

